



# TOP 10

## *Kids Ailments*

# ADD/ADHD

According to The National Institute of Mental health:

Attention-deficit/hyperactivity disorder (ADHD) is a brain disorder marked by an ongoing pattern of inattention and/or hyperactivity-impulsivity that interferes with functioning or development.

Since the right hemisphere of the brain regulates impulsivity, attention, and socially appropriate behavior, a child with decreased right brain activity may be hyperactive, oppositional, disruptive, and even aggressive.

## How Can We Help the Brain?

Nobel Prize recipient Dr. Roger Sperry says that the spine is the motor that drives the brain. According to his research “90% of the stimulation and nutrition to the brain is generated by the movement of the spine.”

1. The Brain is FUELED by spinal movement
2. Decrease in Spinal Movement = Weakness in Brian Activity
3. Neurological Based Chiropractic looks for the areas of the spine causing that weakness! We see tremendous results without the need for Drugs. Ask us how we can help your loved ones.

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